

**foodbank PLUS**

# shopping list



Baked beans

Biscuits

Cereal

Coffee

Cooking sauce

Custard or rice pudding

Fruit

Hot dogs

Laundry tabs

Pasta

Pasta sauce

Potatoes

Rice

Sandwich spreads

Shower gel

Soap

Soup

Sugar

Tea

Tinned lunches (e.g. ravioli, spaghetti hoops)

Tinned main meals (e.g. casserole, pie)

Tinned meatballs

Tinned tomatoes

Toilet paper

Toothpaste

Tuna

UHT milk

Tinned vegetables

# how can you donate?

## Donation Points

<b>Co-op</b>	Copthorne	SY3 8UD
	Bicton Heath	SY3 5AD
	Radbrook	SY3 6DU
<b>Lidl</b>	Oteley Road	SY2 6ST
	Harlescott	SY1 3AA
<b>ASDA</b>	Old Potts Way	SY3 7ET
<b>Sainsbury's</b>	Meole Brace	SY3 9NB
	Reabrook	SY3 7TJ
<b>Morrisons</b>	Whitchurch Road	SY1 4DL
<b>OneStop</b>	Ditherington Road	SY1 4AS
<b>Pets At Home</b>	Meole Brace	SY3 9NB

## Direct

*Bring donations directly to Barnabas Church Centre (Longden Coleham, SY3 7DN)*

<b>Monday</b>	09.30 - 12.00 (not bank holidays)
<b>Tuesday</b>	09.30 - 12.00
<b>Friday</b>	09.30 - 12.00

## Online Delivery

*Send a supermarket delivery straight to us: Barnabas Church Centre, Longden Coleham, SY3 7DN*

<b>Monday</b>	09.30 - 12.00 (not bank holidays)
<b>Tuesday</b>	09.30 - 12.00
<b>Friday</b>	09.30 - 12.00